

CTA2023 STANDARDS CTA QT 2023 Long Course Meters

| Women 10 & Under | | | | | |
|-----------------------------|-------------|-------------|-------------|-------------|-------------|
| | A-QT | B-QT | SANJ | LEV3 | LEV2 |
| 50 Free | 27,32 | 28,45 | | | 39,80 |
| 100 Free | 59,68 | 1:02,17 | 1:07,98 | 1:18,11 | 1:32,63 |
| 200 Free | 2:10,42 | 2:15,86 | 2:29,68 | 2:52,69 | 3:39,06 |
| 400 Free | 4:32,96 | 4:44,35 | 5:20,92 | 6:15,35 | |
| 800 Free | 9:34,77 | 10:00,93 | 11:03,53 | | |
| 1500 Free | 18:11,34 | 19:01,01 | 21:46,14 | | |
| 50 Back | 31,14 | 32,44 | | | 49,23 |
| 100 Back | 1:06,48 | 1:09,28 | 1:17,96 | 1:31,19 | 1:49,49 |
| 200 Back | 2:24,26 | 2:30,54 | 2:48,82 | 3:18,48 | 4:07,04 |
| 50 Breast | 34,26 | 35,75 | | | 55,04 |
| 100 Breast | 1:15,00 | 1:18,26 | 1:28,14 | 1:43,91 | 2:03,30 |
| 200 Breast | 2:42,51 | 2:49,58 | 3:10,99 | 3:45,16 | 4:36,27 |
| 50 Fly | 28,95 | 30,27 | | | 55,86 |
| 100 Fly | 1:04,04 | 1:06,71 | 1:17,98 | 1:37,36 | 2:16,76 |
| 200 Fly | 2:24,41 | 2:30,99 | 2:59,97 | | |
| 200 IM | 2:27,50 | 2:33,92 | 2:51,16 | 3:20,19 | 4:04,80 |
| 400 IM | 5:11,53 | 5:25,09 | 6:07,73 | | |

| Women 11-11 | | | | | |
|--------------------|-------------|-------------|-------------|-------------|-------------|
| | A-QT | B-QT | SANJ | LEV3 | LEV2 |
| 50 Free | 27,32 | 28,45 | | | 38,20 |
| 100 Free | 59,68 | 1:02,17 | 1:07,98 | 1:18,11 | 1:26,37 |
| 200 Free | 2:10,42 | 2:15,86 | 2:29,68 | 2:52,69 | 3:21,68 |
| 400 Free | 4:32,96 | 4:44,35 | 5:20,92 | 6:15,35 | |
| 800 Free | 9:34,77 | 10:00,93 | 11:03,53 | | |
| 1500 Free | 18:11,34 | 19:01,01 | 21:46,14 | | |
| 50 Back | 31,14 | 32,44 | | | 46,27 |
| 100 Back | 1:06,48 | 1:09,28 | 1:17,96 | 1:31,19 | 1:41,08 |
| 200 Back | 2:24,26 | 2:30,54 | 2:48,82 | 3:18,48 | 3:50,29 |
| 50 Breast | 34,26 | 35,75 | | | 51,75 |
| 100 Breast | 1:15,00 | 1:18,26 | 1:28,14 | 1:43,91 | 1:54,30 |
| 200 Breast | 2:42,51 | 2:49,58 | 3:10,99 | 3:45,16 | 4:23,32 |
| 50 Fly | 28,95 | 30,27 | | | 50,37 |
| 100 Fly | 1:04,04 | 1:06,71 | 1:17,98 | 1:37,36 | 2:02,55 |
| 200 Fly | 2:24,41 | 2:30,99 | 2:59,97 | | |
| 200 IM | 2:27,50 | 2:33,92 | 2:51,16 | 3:20,19 | 3:41,61 |
| 400 IM | 5:11,53 | 5:25,09 | 6:07,73 | | |

| Women 12-12 | | | | | |
|--------------------|-------------|-------------|-------------|-------------|-------------|
| | A-QT | B-QT | SANJ | LEV3 | LEV2 |
| 50 Free | 27,32 | 28,45 | | | 35,67 |
| 100 Free | 59,68 | 1:02,17 | 1:07,98 | 1:14,82 | 1:21,35 |
| 200 Free | 2:10,42 | 2:15,86 | 2:29,68 | 2:45,17 | 2:59,65 |
| 400 Free | 4:32,96 | 4:44,35 | 5:20,92 | 6:03,61 | |
| 800 Free | 9:34,77 | 10:00,93 | 11:03,53 | | |
| 1500 Free | 18:11,34 | 19:01,01 | 21:46,14 | | |
| 50 Back | 31,14 | 32,44 | | | 43,19 |
| 100 Back | 1:06,48 | 1:09,28 | 1:17,96 | 1:26,78 | 1:33,95 |
| 200 Back | 2:24,26 | 2:30,54 | 2:48,82 | 3:08,54 | 3:36,83 |

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| | | | | | |
|------------|---------|---------|---------|---------|---------|
| 50 Breast | 34,26 | 35,75 | | | 48,16 |
| 100 Breast | 1:15,00 | 1:18,26 | 1:28,14 | 1:38,61 | 1:46,44 |
| 200 Breast | 2:42,51 | 2:49,58 | 3:10,99 | 3:33,66 | 4:08,01 |
| 50 Fly | 28,95 | 30,27 | | | 44,12 |
| 100 Fly | 1:04,04 | 1:06,71 | 1:17,98 | 1:33,33 | 1:55,61 |
| 200 Fly | 2:24,41 | 2:30,99 | 2:59,97 | | |
| 200 IM | 2:27,50 | 2:33,92 | 2:51,16 | 3:10,53 | 3:30,79 |
| 400 IM | 5:11,53 | 5:25,09 | 6:07,73 | | |

Women 13-13

| | A-QT | B-QT | SANJ | LEV3 | LEV2 |
|------------|----------|----------|----------|---------|---------|
| 50 Free | 27,32 | 28,45 | | | 34,03 |
| 100 Free | 59,68 | 1:02,17 | 1:06,03 | 1:09,88 | 1:17,98 |
| 200 Free | 2:10,42 | 2:15,86 | 2:25,30 | 2:33,97 | 2:51,48 |
| 400 Free | 4:32,96 | 4:44,35 | 5:08,56 | 5:35,52 | |
| 800 Free | 9:34,77 | 10:00,93 | 10:37,38 | | |
| 1500 Free | 18:11,34 | 19:01,01 | 20:49,27 | | |
| 50 Back | 31,14 | 32,44 | | | 41,61 |
| 100 Back | 1:06,48 | 1:09,28 | 1:15,24 | 1:21,90 | 1:30,09 |
| 200 Back | 2:24,26 | 2:30,54 | 2:42,79 | 2:57,60 | 3:23,22 |
| 50 Breast | 34,26 | 35,75 | | | 46,84 |
| 100 Breast | 1:15,00 | 1:18,26 | 1:25,29 | 1:33,27 | 1:44,44 |
| 200 Breast | 2:42,51 | 2:49,58 | 3:04,80 | 3:22,09 | 3:59,48 |
| 50 Fly | 28,95 | 30,27 | | | 40,17 |
| 100 Fly | 1:04,04 | 1:06,71 | 1:15,29 | 1:25,31 | 1:39,19 |
| 200 Fly | 2:24,41 | 2:30,99 | 2:52,84 | | |
| 200 IM | 2:27,50 | 2:33,92 | 2:45,19 | 2:58,11 | 3:17,65 |
| 400 IM | 5:11,53 | 5:25,09 | 5:54,26 | | |

Women 14-14

| | A-QT | B-QT | SANJ | LEV3 | LEV2 |
|------------|----------|----------|----------|---------|---------|
| 50 Free | 27,32 | 28,45 | | | 33,82 |
| 100 Free | 59,68 | 1:02,17 | 1:04,09 | 1:08,77 | 1:16,16 |
| 200 Free | 2:10,42 | 2:15,86 | 2:20,94 | 2:31,46 | 2:51,03 |
| 400 Free | 4:32,96 | 4:44,35 | 4:57,91 | 5:27,89 | |
| 800 Free | 9:34,77 | 10:00,93 | 10:28,00 | | |
| 1500 Free | 18:11,34 | 19:01,01 | 20:10,21 | | |
| 50 Back | 31,14 | 32,44 | | | 41,18 |
| 100 Back | 1:06,48 | 1:09,28 | 1:12,86 | 1:20,38 | 1:29,12 |
| 200 Back | 2:24,26 | 2:30,54 | 2:37,53 | 2:54,20 | 3:22,38 |
| 50 Breast | 34,26 | 35,75 | | | 46,57 |
| 100 Breast | 1:15,00 | 1:18,26 | 1:22,47 | 1:31,43 | 1:43,50 |
| 200 Breast | 2:42,51 | 2:49,58 | 2:58,70 | 3:18,11 | 3:49,91 |
| 50 Fly | 28,95 | 30,27 | | | 39,93 |
| 100 Fly | 1:04,04 | 1:06,71 | 1:11,60 | 1:19,48 | 1:38,40 |
| 200 Fly | 2:24,41 | 2:30,99 | 2:43,96 | | |
| 200 IM | 2:27,50 | 2:33,92 | 2:39,95 | 2:54,88 | 3:13,07 |
| 400 IM | 5:11,53 | 5:25,09 | 5:45,04 | | |

Women 15-15

| | A-QT | B-QT | SANJ | LEV3 | LEV2 |
|---------|-------|-------|------|------|-------|
| 50 Free | 27,32 | 28,45 | | | 33,68 |

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| | | | | | |
|------------|----------|----------|----------|---------|---------|
| 100 Free | 59,68 | 1:02,17 | 1:03,69 | 1:07,47 | 1:14,60 |
| 200 Free | 2:10,42 | 2:15,86 | 2:20,04 | 2:28,53 | 2:50,59 |
| 400 Free | 4:32,96 | 4:44,35 | 4:55,95 | 5:23,64 | |
| 800 Free | 9:34,77 | 10:00,93 | 10:23,52 | | |
| 1500 Free | 18:11,34 | 19:01,01 | 20:01,18 | | |
| 50 Back | 31,14 | 32,44 | | | 41,06 |
| 100 Back | 1:06,48 | 1:09,28 | 1:12,37 | 1:18,96 | 1:28,86 |
| 200 Back | 2:24,26 | 2:30,54 | 2:36,45 | 2:52,59 | 3:21,79 |
| 50 Breast | 34,26 | 35,75 | | | 46,43 |
| 100 Breast | 1:15,00 | 1:18,26 | 1:21,90 | 1:29,73 | 1:43,18 |
| 200 Breast | 2:42,51 | 2:49,58 | 2:57,45 | 3:14,42 | 3:49,22 |
| 50 Fly | 28,95 | 30,27 | | | 39,20 |
| 100 Fly | 1:04,04 | 1:06,71 | 1:10,36 | 1:16,59 | 1:36,08 |
| 200 Fly | 2:24,41 | 2:30,99 | 2:42,00 | | |
| 200 IM | 2:27,50 | 2:33,92 | 2:38,89 | 2:53,36 | 3:12,51 |
| 400 IM | 5:11,53 | 5:25,09 | 5:37,85 | | |

Women 16-16

| | A-QT | B-QT | SANJ | LEV3 | LEV2 |
|------------|-------------|-------------|-------------|-------------|-------------|
| 50 Free | 27,32 | 28,45 | | | 33,68 |
| 100 Free | 59,68 | 1:02,17 | 1:03,10 | 1:07,47 | 1:14,60 |
| 200 Free | 2:10,42 | 2:15,86 | 2:18,73 | 2:28,53 | 2:50,23 |
| 400 Free | 4:32,96 | 4:44,35 | 4:51,27 | 5:23,64 | |
| 800 Free | 9:34,77 | 10:00,93 | 10:17,02 | | |
| 1500 Free | 18:11,34 | 19:01,01 | 19:35,61 | | |
| 50 Back | 31,14 | 32,44 | | | 41,06 |
| 100 Back | 1:06,48 | 1:09,28 | 1:10,98 | 1:18,96 | 1:28,86 |
| 200 Back | 2:24,26 | 2:30,54 | 2:34,38 | 2:52,59 | 3:21,79 |
| 50 Breast | 34,26 | 35,75 | | | 46,43 |
| 100 Breast | 1:15,00 | 1:18,26 | 1:20,26 | 1:29,73 | 1:43,18 |
| 200 Breast | 2:42,51 | 2:49,58 | 2:53,90 | 3:14,42 | 3:51,22 |
| 50 Fly | 28,95 | 30,27 | | | 39,20 |
| 100 Fly | 1:04,04 | 1:06,71 | 1:08,33 | 1:16,59 | 1:38,08 |
| 200 Fly | 2:24,41 | 2:30,99 | 2:36,11 | | |
| 200 IM | 2:27,50 | 2:33,92 | 2:36,83 | 2:53,36 | 3:12,48 |
| 400 IM | 5:11,53 | 5:25,09 | 5:33,37 | | |

Women 17 & Over

| | A-QT | B-QT | SANJ | LEV3 | LEV2 |
|------------|-------------|-------------|-------------|-------------|-------------|
| 50 Free | 27,32 | 28,45 | | | 33,68 |
| 100 Free | 59,68 | 1:02,17 | | 1:07,47 | 1:14,60 |
| 200 Free | 2:10,42 | 2:15,86 | | 2:28,53 | 2:50,23 |
| 400 Free | 4:32,96 | 4:44,35 | | 5:23,64 | |
| 800 Free | 9:34,77 | 10:00,93 | | | |
| 1500 Free | 18:11,34 | 19:01,01 | | | |
| 50 Back | 31,14 | 32,44 | | | 41,06 |
| 100 Back | 1:06,48 | 1:09,28 | | 1:18,96 | 1:28,86 |
| 200 Back | 2:24,26 | 2:30,54 | | 2:52,59 | 3:21,79 |
| 50 Breast | 34,26 | 35,75 | | | 46,43 |
| 100 Breast | 1:15,00 | 1:18,26 | | 1:29,73 | 1:43,18 |
| 200 Breast | 2:42,51 | 2:49,58 | | 3:14,42 | 3:51,22 |
| 50 Fly | 28,95 | 30,27 | | | 29,20 |
| 100 Fly | 1:04,04 | 1:06,71 | | 1:16,59 | 1:38,08 |

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|---------|---------|---------|---------|---------|
| 200 Fly | 2:24,41 | 2:30,99 | | |
| 200 IM | 2:27,50 | 2:33,92 | 2:53,36 | 3:12,48 |
| 400 IM | 5:11,53 | 5:25,09 | | |

Men 10 & Under

| | A-QT | B-QT | SANJ | LEV3 | LEV2 |
|------------|----------|----------|----------|---------|---------|
| 50 Free | 24,13 | 25,14 | | | 39,07 |
| 100 Free | 54,14 | 56,40 | 1:05,33 | 1:16,55 | 1:31,55 |
| 200 Free | 1:57,74 | 2:02,65 | 2:24,04 | 2:50,25 | 3:39,94 |
| 400 Free | 4:14,04 | 4:24,64 | 5:10,79 | 6:29,76 | |
| 800 Free | 8:48,79 | 9:11,81 | 11:00,99 | | |
| 1500 Free | 17:12,70 | 17:59,70 | 20:47,95 | | |
| 50 Back | 27,47 | 28,61 | | | 48,74 |
| 100 Back | 59,85 | 1:02,34 | 1:15,40 | 1:30,99 | 1:49,30 |
| 200 Back | 2:10,89 | 2:16,59 | 2:42,77 | 3:16,41 | 4:00,50 |
| 50 Breast | 29,95 | 31,20 | | | 55,62 |
| 100 Breast | 1:05,65 | 1:08,39 | 1:24,49 | 1:43,69 | 2:04,72 |
| 200 Breast | 2:25,58 | 2:31,66 | 3:07,35 | 3:49,93 | 4:49,31 |
| 50 Fly | 25,70 | 26,77 | | | 53,01 |
| 100 Fly | 57,08 | 59,46 | 1:13,45 | 1:30,15 | 2:15,94 |
| 200 Fly | 2:11,27 | 2:17,25 | 2:49,25 | | |
| 200 IM | 2:11,60 | 2:17,08 | 2:43,32 | 3:14,93 | 3:56,92 |
| 400 IM | 4:45,19 | 4:57,60 | 5:52,85 | | |

Men 11-11

| | A-QT | B-QT | SANJ | LEV3 | LEV2 |
|------------|----------|----------|----------|---------|---------|
| 50 Free | 24,13 | 25,14 | | | 37,83 |
| 100 Free | 54,14 | 56,40 | 1:05,33 | 1:16,55 | 1:26,92 |
| 200 Free | 1:57,74 | 2:02,65 | 2:24,04 | 2:50,25 | 3:36,25 |
| 400 Free | 4:14,04 | 4:24,64 | 5:10,79 | 6:29,76 | |
| 800 Free | 8:48,79 | 9:11,81 | 11:00,99 | | |
| 1500 Free | 17:12,70 | 17:59,70 | 20:47,95 | | |
| 50 Back | 27,47 | 28,61 | | | 47,41 |
| 100 Back | 59,85 | 1:02,34 | 1:15,40 | 1:30,99 | 1:47,40 |
| 200 Back | 2:10,89 | 2:16,59 | 2:42,77 | 3:16,41 | 3:55,21 |
| 50 Breast | 29,95 | 31,20 | | | 54,32 |
| 100 Breast | 1:05,65 | 1:08,39 | 1:24,49 | 1:43,69 | 2:01,94 |
| 200 Breast | 2:25,58 | 2:31,66 | 3:07,35 | 3:49,93 | 4:39,49 |
| 50 Fly | 25,70 | 26,77 | | | 51,07 |
| 100 Fly | 57,08 | 59,46 | 1:13,45 | 1:30,15 | 2:00,42 |
| 200 Fly | 2:11,27 | 2:17,25 | 2:49,25 | | |
| 200 IM | 2:11,60 | 2:17,08 | 2:43,32 | 3:14,93 | 3:45,73 |
| 400 IM | 4:45,19 | 4:57,60 | 5:52,85 | | |

Men 12-12

| | A-QT | B-QT | SANJ | LEV3 | LEV2 |
|-----------|----------|----------|----------|---------|---------|
| 50 Free | 24,13 | 25,14 | | | 35,20 |
| 100 Free | 54,14 | 56,40 | 1:05,33 | 1:12,57 | 1:19,11 |
| 200 Free | 1:57,74 | 2:02,65 | 2:24,04 | 2:46,47 | 3:09,19 |
| 400 Free | 4:14,04 | 4:24,64 | 5:10,79 | 6:13,22 | |
| 800 Free | 8:48,79 | 9:11,81 | 11:00,99 | | |
| 1500 Free | 17:12,70 | 17:59,70 | 20:47,95 | | |

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| | | | | | |
|------------|---------|---------|---------|---------|---------|
| 50 Back | 27,47 | 28,61 | | | 43,47 |
| 100 Back | 59,85 | 1:02,34 | 1:15,40 | 1:25,24 | 1:35,68 |
| 200 Back | 2:10,89 | 2:16,59 | 2:42,77 | 3:04,00 | 3:42,09 |
| 50 Breast | 29,95 | 31,20 | | | 49,68 |
| 100 Breast | 1:05,65 | 1:08,39 | 1:24,49 | 1:36,46 | 1:50,64 |
| 200 Breast | 2:25,58 | 2:31,66 | 3:07,35 | 3:33,88 | 4:14,00 |
| 50 Fly | 25,70 | 26,77 | | | 45,44 |
| 100 Fly | 57,08 | 59,46 | 1:13,45 | 1:27,57 | 2:22,44 |
| 200 Fly | 2:11,27 | 2:17,25 | 2:49,25 | | |
| 200 IM | 2:11,60 | 2:17,08 | 2:43,32 | 3:03,43 | 3:23,70 |
| 400 IM | 4:45,19 | 4:57,60 | 5:52,85 | | |

Men 13-13

| | A-QT | B-QT | SANJ | LEV3 | LEV2 |
|------------|-------------|-------------|-------------|-------------|-------------|
| 50 Free | 24,13 | 25,14 | | | 32,40 |
| 100 Free | 54,14 | 56,40 | 1:02,14 | 1:07,87 | 1:12,62 |
| 200 Free | 1:57,74 | 2:02,65 | 2:19,01 | 2:33,21 | 2:47,94 |
| 400 Free | 4:14,04 | 4:24,64 | 4:59,93 | 5:40,48 | |
| 800 Free | 8:48,79 | 9:11,81 | 10:24,19 | | |
| 1500 Free | 17:12,70 | 17:59,70 | 19:42,15 | | |
| 50 Back | 27,47 | 28,61 | | | 41,25 |
| 100 Back | 59,85 | 1:02,34 | 1:12,21 | 1:20,21 | 1:30,92 |
| 200 Back | 2:10,89 | 2:16,59 | 2:38,05 | 2:56,48 | 3:31,97 |
| 50 Breast | 29,95 | 31,20 | | | 45,92 |
| 100 Breast | 1:05,65 | 1:08,39 | 1:22,30 | 1:32,83 | 1:42,60 |
| 200 Breast | 2:25,58 | 2:31,66 | 3:02,50 | 3:25,84 | 3:57,41 |
| 50 Fly | 25,70 | 26,77 | | | 39,64 |
| 100 Fly | 57,08 | 59,46 | 1:10,50 | 1:19,02 | 1:42,67 |
| 200 Fly | 2:11,27 | 2:17,25 | 2:41,88 | | |
| 200 IM | 2:11,60 | 2:17,08 | 2:37,38 | 2:49,35 | 3:04,40 |
| 400 IM | 4:45,19 | 4:57,60 | 5:36,64 | | |

Men 14-14

| | A-QT | B-QT | SANJ | LEV3 | LEV2 |
|------------|-------------|-------------|-------------|-------------|-------------|
| 50 Free | 24,13 | 25,14 | | | 30,30 |
| 100 Free | 54,14 | 56,40 | 59,09 | 1:03,66 | 1:08,44 |
| 200 Free | 1:57,74 | 2:02,65 | 2:11,65 | 2:22,72 | 2:37,64 |
| 400 Free | 4:14,04 | 4:24,64 | 4:44,05 | 5:23,43 | |
| 800 Free | 8:48,79 | 9:11,81 | 9:49,99 | | |
| 1500 Free | 17:12,70 | 17:59,70 | 18:56,63 | | |
| 50 Back | 27,47 | 28,61 | | | 38,28 |
| 100 Back | 59,85 | 1:02,34 | 1:07,65 | 1:15,40 | 1:27,64 |
| 200 Back | 2:10,89 | 2:16,59 | 2:28,85 | 2:47,18 | 3:22,79 |
| 50 Breast | 29,95 | 31,20 | | | 44,30 |
| 100 Breast | 1:05,65 | 1:08,39 | 1:17,19 | 1:27,46 | 1:40,07 |
| 200 Breast | 2:25,58 | 2:31,66 | 2:51,16 | 3:13,93 | 3:49,64 |
| 50 Fly | 25,70 | 26,77 | | | 36,28 |
| 100 Fly | 57,08 | 59,46 | 1:05,76 | 1:13,86 | 1:04,00 |
| 200 Fly | 2:11,27 | 2:17,25 | 2:30,27 | | |
| 200 IM | 2:11,60 | 2:17,08 | 2:28,75 | 2:41,75 | 2:55,72 |
| 400 IM | 4:45,19 | 4:57,60 | 5:18,19 | | |

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| Men 15-15 | | | | | | |
|------------------|-------------|-------------|-------------|-------------|-------------|---------|
| | A-QT | B-QT | SANJ | LEV3 | LEV2 | |
| 50 Free | 24,13 | 25,14 | | | | 28,96 |
| 100 Free | 54,14 | 56,40 | 57,24 | 59,09 | | 1:05,54 |
| 200 Free | 1:57,74 | 2:02,65 | 2:06,43 | 2:10,72 | | 2:31,38 |
| 400 Free | 4:14,04 | 4:24,64 | 4:32,79 | 4:52,70 | | |
| 800 Free | 8:48,79 | 9:11,81 | 9:29,63 | | | |
| 1500 Free | 17:12,70 | 17:59,70 | 18:36,33 | | | |
| 50 Back | 27,47 | 28,61 | | | | 35,62 |
| 100 Back | 59,85 | 1:02,34 | 1:04,26 | 1:07,65 | | 1:22,77 |
| 200 Back | 2:10,89 | 2:16,59 | 2:21,00 | 2:38,80 | | 3:04,04 |
| 50 Breast | 29,95 | 31,20 | | | | 40,04 |
| 100 Breast | 1:05,65 | 1:08,39 | 1:12,89 | 1:14,22 | | 1:31,25 |
| 200 Breast | 2:25,58 | 2:31,66 | 2:41,63 | 2:54,88 | | 3:35,27 |
| 50 Fly | 25,70 | 26,77 | | | | 33,20 |
| 100 Fly | 57,08 | 59,46 | 1:02,29 | 1:03,37 | | 1:20,67 |
| 200 Fly | 2:11,27 | 2:17,25 | 2:21,91 | | | |
| 200 IM | 2:11,60 | 2:17,08 | 2:22,68 | 2:26,10 | | 2:45,82 |
| 400 IM | 4:45,19 | 4:57,60 | 5:07,21 | | | |

| Men 16-16 | | | | | | |
|------------------|-------------|-------------|-------------|-------------|-------------|---------|
| | A-QT | B-QT | SANJ | LEV3 | LEV2 | |
| 50 Free | 24,13 | 25,14 | | | | 28,96 |
| 100 Free | 54,14 | 56,40 | 56,57 | 59,09 | | 1:05,54 |
| 200 Free | 1:57,74 | 2:02,65 | 2:03,37 | 2:10,72 | | 2:31,38 |
| 400 Free | 4:14,04 | 4:24,64 | 4:26,19 | 4:52,70 | | |
| 800 Free | 8:48,79 | 9:11,81 | 9:15,20 | | | |
| 1500 Free | 17:12,70 | 17:59,70 | 18:06,65 | | | |
| 50 Back | 27,47 | 28,61 | | | | 35,62 |
| 100 Back | 59,85 | 1:02,34 | 1:02,90 | 1:07,65 | | 1:02,77 |
| 200 Back | 2:10,89 | 2:16,59 | 2:18,29 | 2:38,80 | | 3:04,04 |
| 50 Breast | 29,95 | 31,20 | | | | 40,04 |
| 100 Breast | 1:05,65 | 1:08,39 | 1:10,50 | 1:14,22 | | 1:31,25 |
| 200 Breast | 2:25,58 | 2:31,66 | 2:36,33 | 2:54,88 | | 3:35,27 |
| 50 Fly | 25,70 | 26,77 | | | | 33,20 |
| 100 Fly | 57,08 | 59,46 | 1:00,72 | 1:03,37 | | 1:20,67 |
| 200 Fly | 2:11,27 | 2:17,25 | 2:18,13 | | | |
| 200 IM | 2:11,60 | 2:17,08 | 2:19,13 | 2:26,10 | | 2:45,82 |
| 400 IM | 4:45,19 | 4:57,60 | 5:00,36 | | | |

| Men 17 & Over | | | | | | |
|--------------------------|-------------|-------------|-------------|-------------|-------------|---------|
| | A-QT | B-QT | SANJ | LEV3 | LEV2 | |
| 50 Free | 24,13 | 25,15 | | | | 28,96 |
| 100 Free | 54,14 | 56,40 | | 59,09 | | 1:05,54 |
| 200 Free | 1:57,74 | 2:02,65 | | 2:10,72 | | 2:31,38 |
| 400 Free | 4:14,04 | 4:24,64 | | 4:52,70 | | |
| 800 Free | 8:48,79 | 9:11,81 | | | | |
| 1500 Free | 17:12,70 | 17:59,70 | | | | |
| 50 Back | 27,47 | 28,61 | | | | 35,92 |
| 100 Back | 59,85 | 1:02,34 | | 1:07,65 | | 1:22,77 |
| 200 Back | 2:10,89 | 2:16,59 | | 2:38,80 | | 3:04,04 |
| 50 Breast | 29,95 | 31,20 | | | | 40,04 |

CTA2023 STANDARDS CTA QT 2023 Long Course Meters

| | | | | |
|------------|---------|---------|---------|---------|
| 100 Breast | 1:05,65 | 1:08,39 | 1:14,22 | 1:31,25 |
| 200 Breast | 2:25,58 | 2:31,66 | 2:54,88 | 3:35,27 |
| 50 Fly | 25,70 | 26,77 | | 33,20 |
| 100 Fly | 57,08 | 59,46 | 1:03,37 | 1:20,67 |
| 200 Fly | 2:11,27 | 2:17,25 | | |
| 200 IM | 2:11,60 | 2:17,08 | 2:26,10 | 2:45,82 |
| 400 IM | 4:45,19 | 4:57,60 | | |
